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LEVALLOIS
1883
SPORTING CLUB

FIT N' FORME

10.09.2020

Retrouvez ci-dessous tous les liens directs pour vous inscrire à vos cours préférés !



Lundi 14 septembre

Salle Killy / PDS Gabriel-Péri

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-cardio-workout-13h-13h30-salle-killy-1>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-ready-to-dance-19h30-20h30-salle-killy>

Salle Hébert / PDS Marcel-Cerdan

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-grit-12h45-13h30-salle-hebert>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-grit-18h45-19h15-salle-hebert>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-grit-18h45-19h15-salle-hebert>

[septembre-body-attack-19h15-20h-salle-hebert](#)

Parc de la Planchette

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-af-12h-12h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-yoga-12h-13h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-stretching-12h30-13h15-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-yoga-13h-14h-la-planchette>

L'après-midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-eldoa-14h-15h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-eldoa-15h-16h-la-planchette>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-pilates-18h30-19h15-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-body-sculpt-19h15-20h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/lundi-14-septembre-caf-20h-20h45-la-planchette>

Mardi 15 septembre

Salle Killy / PDS Gabriel-Péri

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-zumba-9h45-10h30-salle-killy>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-circuit-training-20h-20h45-salle-killy>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-pilates-20h45-21h30-salle-killy>

Salle Hébert / PDS Marcel-Cerdan

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-circuit-training-12h45-13h30-salle-hebert>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-body-combat-18h30-19h30-salle-hebert>

Parc de la Planchette

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-pilates-12h-12h45-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-abdos-fessiers-af-12h45-13h15-la-planchette>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-fit-postural-18h-18h45-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-16-septembre-cardio-workout-18h45-19h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mardi-15-septembre-body-sculpt-19h30-20h30-la-planchette>

Mercredi 16 septembre

Parc de la Planchette

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-body-sculpt-11h30-12h15-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-pilates-12h15-13h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-yoga-12h15-13h15-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-eldoa-13h-14h-la-planchette>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-sept->

[body-harmony-18h30-19h15-la-planchette](https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-1m-barre-19h15-20h-la-planchette)

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-1m-barre-19h15-20h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-pilates-20h-20h45-la-planchette>

Salle Hébert / PDS Marcel-Cerdan

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-grit-18h-18h45-salle-hebert>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-cardio-workout-19h15-20h15-salle-hebert>

Salle Killy / PDS Gabriel-Péri

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/mercredi-16-septembre-trx-circuit-19h15-20h-salle-Killy>

Jeudi 17 septembre

Salle Killy / PDS Gabriel-Péri

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-yoga-8h30-9h30-salle-killy>

L'après-midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-step-debutant-14h30-15h15-salle-killy>

Salle Hébert / PDS Marcel-Cerdan

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-pilates-10h15-11h-salle-hebert>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-body-sculpt-11h-11h45-salle-hebert>

Parc de la Planchette

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-qi-gong-12h-13h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-body-combat-12h15-13h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-cuisses-abdos-fessiers-caf-13h-13h45-la-planchette>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-abdos-fessiers-18h15-18h45-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-zumba-18h30-19h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-body-sculpt-18h45-19h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-stretching-19h30-20h15-la-planchette>

Salle Besson / Gymnase Erick Srecki

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/jeudi-17-septembre-grit-12h15-13h-salle-besson>

Vendredi 18 septembre

Salle Killy / PDS Gabriel-Péri

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-body-harmony-9h15-10h15-salle-killy>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-body-sculpt-10h15-11h-salle-killy>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-stretching-11h-12h-salle-killy>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-trx-19h15-20h15-salle-killy>

Parc de la Planchette

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-abdos-fessiers-12h-12h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-yoga-12h15-13h15-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-body-sculpt-12h30-13h15-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-pilates-13h15-14h-la-planchette>

Salle Hébert / PDS Marcel-Cerdan

Le midi

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-circuit-training-12h30-13h15-salle-hebert>

Le soir

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-body-combat-18h45-19h30-salle-hebert>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/vendredi-18-septembre-cardio-workout-18h15-18h45-salle-hebert>

Samedi 19 septembre

Salle Hébert / PDS Marcel-Cerdan

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-body-attack-9h45-10h30-salle-hebert>

Parc de la Planchette

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-zumba-10h30-11h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-yoga-11h30-12h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-meditation-12h30-13h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-yoga-13h30-14h30-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-meditation-14h30-15h-la-planchette>

Salle Paillou / Gymnase Auguste-Delaune

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-cross-training-10h-11h-salle-paillou>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-cross-training-11h-12h-salle-paillou>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/samedi-19-septembre-cross-training-12h-13h-salle-paillou>

Dimanche 20 septembre

Parc de la Planchette

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/dimanche-20-septembre-body-combat-10h-10h45-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/dimanche-20-septembre-abdos-fessiers-10h45-11h15-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/dimanche-20-septembre-body-sculpt-11h15-12h-la-planchette>

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/dimanche-20-septembre-fit-postural-12h-12h45-la-planchette>

Salle Hébert / PDS Marcel-Cerdan

Le matin

<https://www.helloasso.com/associations/levallois-sporting-club/evenements/dimanche-20-septembre-step-intermediaire-10h15-11h-salle-hebert>

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